



DENEYSVILLE AQUATIC CLUB

2026 King of The Vaal Regatta Incorporating the MOD (Sun) 25/01/2026 and L26 Free State Regional Championships

Dates: 24/01/2026 to 25/01/2026

Venue: Deneysville Aquatic Club (DAC) – Vaal Dam

Organising Authority: Deneysville Aquatic Club with Northern Keelboat Society (NKS) for MOD

SAILING INSTRUCTIONS

1. COMMUNICATIONS WITH COMPETITORS

- 1.1 Notices to competitors will be posted on the Official Notice Board located at the DAC Clubhouse Notice Board and on the official King of the Vaal WhatsApp.
- 1.2 The race office is located at DAC Clubhouse, Deneysville, email: manager@dac-club.co.za.
- 1.3 While on the water, use VHF Channel 09 for racing and VHF Channel 16 for emergencies.

2. CHANGES TO SAILING INSTRUCTIONS

Any changes to the Sailing Instructions will be posted on the King of the Vaal WhatsApp group no later than 90 minutes on the day it will take effect, except that any changes to the race schedule will be posted by 19h00 on the day before it will take effect.

3. CODE OF CONDUCT

Competitors and support persons shall comply with reasonable requests from race officials.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole in front of the DAC Clubhouse.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in Race Signals AP.

5. CLASS FLAGS

- 5.1 TURQUOISE Flag for all boats with a handicap of 0.87 and above, and will sail 3 laps unless shortened.
- 5.2 WHITE Flag for all boats with a handicap below 0.870 and will sail 2 laps unless shortened.
- 5.3 There will be one start for all classes.

6. RACING AREA

The racing area is on the Vaal Dam in the area of "Muster Mark".

7. COURSES

The diagram in SI Addendum A shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8. MARKS

All marks will be Yellow conical buoys except for the start/finish mark, which will be a white.

9. THE START

- 9.1 The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end white starting mark.
- 9.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 9.3 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS 35, A4 and A5.1.

10. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When, in a subsequent change, a new mark is replaced, it will be replaced by the original mark.

11. THE FINISH

The finishing line will be between a blue flag on the race committee vessel at the starboard end and the course side of the port-end finishing mark.

12. SHORTENING COURSE

In addition to the provisions of RRS 32, the race committee may also signal a shortened course by displaying flag F with repeated sounds. On this signal, boats shall round mark 3 and thereafter proceed directly to the finishing line. This signal shall be made before the first boat reaches mark 3. This changes RRS 32.

13. PENALTY SYSTEM

- 13.1 The Two Turns Penalty will apply (RRS 44.1).
- 13.2 A boat will be well clear of other boats, as soon after the incident as possible, when making the required number of turns (RRS 44.2).

14. TIME LIMITS

- 14.1 For all boats, not finishing within a period of 1,75 times of the first finishing boat shall be scored Time Limit Expired (TLE).

15. HEARING REQUESTS

- 15.1 The protest time limit is 90 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is the later. The time will be posted on the official notice board.
- 15.2 Hearing request forms are available from the race office.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the DAC Clubhouse, beginning at the time posted.

16. SCORING

- 16.1 The low point system will apply (A4).
- 16.2 3 races are required to be completed to constitute a series.
- 16.3 (a) When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.
(b) When 5 or more races have been completed, a boat's series score will be the total of her race scores, excluding her worst score.

17. SAFETY REGULATIONS

- 17.1 Youth category competitors shall wear a personal flotation device capable of supporting a 5kg steel weight at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.
- 17.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.
- 17.3 All boats, including support boats, must sign in and out at their port of departure.

18. REPLACEMENT OF CREW OR EQUIPMENT

- 18.1 Substitution of competitors is not allowed without prior written approval of the race committee.
- 18.2 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

19. EQUIPMENT AND MEASUREMENT CHECKS

- 19.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race or sailing instructions.

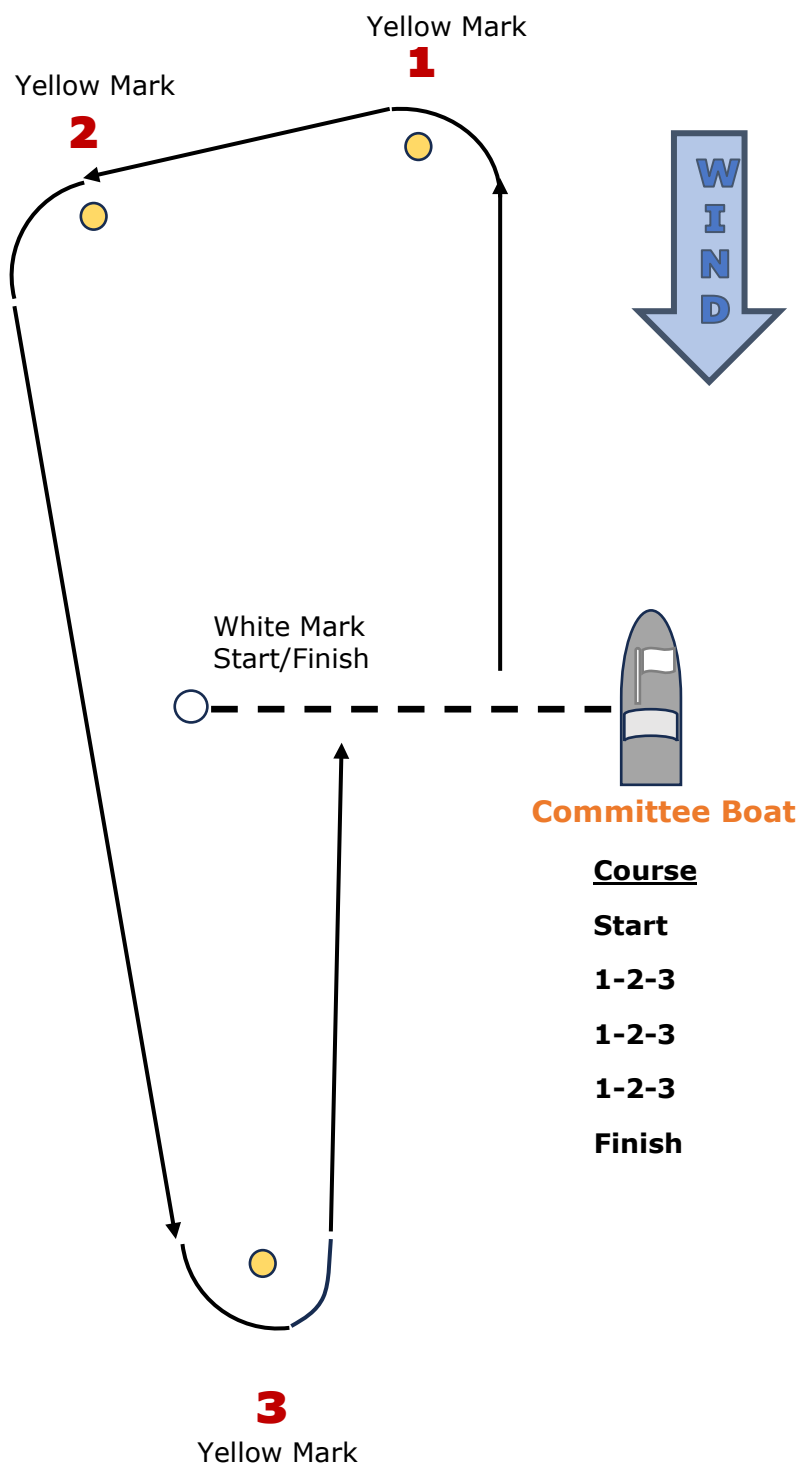
20. SUPPORT PERSON VESSEL

Support person vessels shall stay outside of the course (as shown on the course diagram) and at least 50m from boats racing.

21. TRASH DISPOSAL

Competitors and support persons shall not intentionally put trash in the water (RRS47). Trash may be placed aboard official or support person vessels.

ADDENDUM A – Course to be sailed



ADDENDUM B.1 – Scoring results awarded by race committee








DNC	Did not start; did not come to the starting area
DNS	Did not start (other than DNC and OCS)
OCS	Did not start; on the course side of the starting line at her starting signal and failed to start, or broke rule 30.1
DNF	Did not finish
DSC	Did not sail the course
DSQ	Disqualification
RDG	Redress given
TLE	Time Limit Expired in finishing the course.

ADDENDUM B.2 – Starting sequence and related flags

Minutes before starting signal	Visual signal	Sound Signal	Means
5*	Class flag	One	Warning Signal
4	P, I. Z. Z with I, U or Black Flag	One	Preparatory Signal
1	Preparatory flag removed (P flag)	One long	One Minute
0	Class flag removed	One	Starting Signal

*as stated in the SI

Before the starting signal, the race committee may for any reason, postpone (display flag AP, AP over H, or AP over A, with two sounds) or abandon the race (display flag N, N over H, or N over A, with three sounds).

 ↑ • ↓ — P Preparatory signal.	 ↑ • Y Wear a personal flotation device (see rule 40).	 (no sound) Orange flag. The staff displaying this flag is one end of the starting line.	 (no sound) Blue flag. The staff displaying this flag is one end of the finishing line.
Recall Signals  ↑ • X Individual recall.	 ↑ • • ↓ • First Substitute General recall. The warning signal will be made 1 minute after removal.	Shortened Course  ↑ • • S The course has been shortened. Rule 32.2 is in effect.	